

APPETIZERS

Deep Fried Wings \$11.59

Our famous wings. Choose BBQ, dry-spiced, mild, honey BBQ, medium, hot, honey garlic, or Thai.

Vegetable Samosas 🍅 \$10.65

Phyllo pastry stuffed with curry flavoured potatoes, and vegetables. Served with our banana-date chutney!

Baked Potato Skins \$10.45

Potato shells filled with red onion, bacon, and green peppers and baked with cheese. Served with sour cream.

NEW Asian Egg Rolls 🍅 \$12.68

Our homemade egg rolls, stuffed with vegetables, and spices!! Served with our sweet chile sauce or sweet and sour sauce. Add a starter salad for \$2.94 and enjoy as a meal.

Tortilla Chips & Salsa \$5.21

Garlic Cheese Baguette \$8.89

Onion Rings \$9.76



Nachos for Amigos

Enjoy these nachos with your amigos! Covered in an abundance of cheese. Served with salsa & sour cream. Extra dips 99¢. Add chicken for \$2.87. Add BBQ for 99¢.

Alpine 🍅 tomatoes, red onions, green peppers \$12.78

Southwestern crispy chicken, tomatoes, green peppers, red onions, BBQ sauce, lettuce \$17.85

Spicy Beef spicy ground beef, jalapeno peppers, green peppers, tomatoes, red onions. \$16.65

Stuffed Quesadillas

Our delicious cheese stuffed quesadillas! Served with salsa & sour cream.

Mexican chicken & green peppers \$13.88

BBQ Chicken BBQ sauce, tomatoes, chicken \$14.88

Vegetarian tomatoes, red onions, green peppers \$12.01 🍅

Coconut Battered Shrimp \$10.56

Served our sweet chile sauce for dipping.

Spinach Herb Dip \$13.75

Served with unlimited pita shells and homemade nacho chips.

Atlantic Mussels \$12.64

Delicious Atlantic mussels served with garlic butter or white wine sauce.

KETTLE & GREENS

Enjoy garlic baguette with any one of your choices

French Onion Soup \$7.86

Seafood Chowder \$9.74

Roasted Red Pepper & Tomato \$7.86

Cream of Broccoli \$6.29

Beef Vegetable Barley \$6.29

Newfoundland Pea \$6.29

Garden Salad Side \$4.78 Reg. \$8.78

Caesar Salad Side \$4.78 Reg. \$10.78

Greek Salad Side \$6.78 Reg. \$12.78

Soup & Salad & Garlic Baguette \$11.82

Choose one of the above soups & one of the above side salads for a light fare (add for \$2.99 Seafood Chowder)

Chicken Taco Salad \$15.89

Lettuce tossed in our parmesan garlic sauce and top with seasoned chicken, fresh tomatoes, green peppers, tortilla chips, shredded cheese and placed in our tortilla shell.

Served with salsa & sour cream on the side. Delicious!!

Warm Spinach Salad \$11.65

Green peppers, red onions, mandarin orange segments, fresh mushrooms, and a sliced boiled egg on top of baby spinach leaves. Poppy seed dressing served on side. Add chicken for \$2.87. Add Feta cheese for \$1.59

Classic Cobb Salad \$16.58

A low-carb, high protein salad! Rows of chicken, hickory bacon, cheese, fresh mushrooms, tomatoes, and a sliced boiled egg on top of romaine lettuce.

NEW Cajun Salmon Caesar Salad \$16.87

Our Cajun salmon served with our delicious Caesar salad. Homemade croutons and real parmesan cheese. Chicken Caesar salad. \$13.65

Thai Chicken Salad \$13.89

Roasted chicken, vermicelli rice noodles, green peppers, broccoli florets, shredded carrots on top of fresh romaine lettuce. Served with sweet chile dressing on side.

Dressing Selections: House Honey Mustard Vinaigrette, Ranch, Catalina, Balsamic Vinaigrette, Raspberry Vinaigrette, Greek Vinaigrette, Italian, Caesar and Poppy seed dressing,



DELI COUNTER

Served with choice of side, and coleslaw.

Traditional Chicken Clubhouse \$12.78

Our signature sandwich has layers of chicken, cheese, bacon, lettuce, tomato, and mayo between three layers of toasted bread. Your choice of white or whole wheat.

Hot Roast Beef Sandwich \$11.64

Old fashioned sandwich with tender beef sirloin, fresh bread, surrounded with our beef gravy & homemade dressing.

Cajun Twister Wrap \$12.65

Crispy coated chicken tossed in BBQ, medium, or honey garlic sauce. Served in a tortilla shell with lettuce, tomato, and Cajun chipotle sauce

All Day Breakfast \$10.84

Two scrambled eggs, served with our famous hash browns, toast and your choice of bacon, ham, sausage, or bologna.

Panini Sandwiches

Our delicious Panini always brings a smile. Served with choice of side & Caesar or Garden Salad

- Clubhouse tomatoes, bacon, chicken, cheese, mayo \$15.52
- East Coast mushrooms, onions, peppers, bacon, chicken, spinach, feta cheese, and chipotle sauce \$15.52
- Portabella chicken, portabella mushrooms, red onions, roasted red peppers, goat cheese, and sweet chile sauce \$17.52
- Beef Dip roast sirloin, mushrooms, onions, and cheese. Au jus sauce served on side \$15.52
- Brie & Cranberry tomatoes, spinach, chicken, cranberries and brie cheese \$17.52

Chicken Wraps \$12.46

- Club chicken, cheese, bacon, tomatoes, mayo, lettuce
- Thai chicken, rice noodles, shredded carrots, green peppers, lettuce and sweet chile sauce.
- BBQ chicken, cheese, mexican rice, tomatoes, BBQ sauce, lettuce



BURGER SHACK



Bacon Cheddar Extreme Burger

Crispy Canadian bacon, cheddar cheese, beef-eater onion rings, and our signature creamy house sauce. \$14.58

Brazen Bison Burger

A delicious lean alternative, lower cholesterol and calories than beef! Enjoy a delicious Bison burger topped with crispy Canadian bacon and cheddar and our signature creamy house sauce. \$19.79

European Grilled Chicken & Roasted Red Pepper Burger

Grilled chicken breast topped with roasted red peppers, feta cheese and our spicy chipotle sauce. \$15.79

Old Fashioned Burger

Served with our signature creamy house sauce. \$10.91

BBQ Melt Burger

Caramelized onions, sweet BBQ sauce, sautéed mushrooms, Canadian mozzarella, and our signature creamy house sauce. \$14.58

Crispy Chicken Burger

Our famous crispy chicken fingers tossed in mild, medium, hot, honey garlic, ultimate BBQ, honey BBQ or Sweet Chile! \$14.85

Portabella Mushroom Veggie Burger

A vegetarian alternative! Portabella mushrooms and Roasted Red Peppers grilled and basted in balsamic vinegar served on top of our veggie burger. Topped with feta cheese, and a sweet & spicy mayo. \$15.88

Mexican Flare Burger

Served with fresh salsa & cilantro, Canadian cheddar, mozzarella cheese and spicy jalapeno peppers. \$13.91

They have finally arrived!! Enjoy one of our delicious *homemade* juicy burgers. You asked for more burgers and we delivered! All of our burgers are served with fresh lettuce, tomatoes, dill pickle on top and a side of coleslaw.

Select one of the following with your burger:

Endless homemade fries, mashed potato, baked potato, wild rice, Mexican rice, or add \$0.99 to enjoy a garden or Caesar salad. Substitute sweet potato fries, cream of broccoli, greek salad, spinach salad for \$1.99 Substitute Onions Rings, French onion soup, roasted red pepper soup, or make your fries a poutine for an extra \$2.99.

PASTA

Served with garlic bread. Add appetizer Caesar OR Garden salad for \$3.93

Meaty Lasagna \$15.48

Our rich, homemade tomato meat sauce over layers of noodles and topped with mozzarella and cheddar cheese.

Chicken Tetrazzini \$14.85

Fettuccini noodles with fresh mushrooms and chicken in a white garlic cream sauce. Topped with mozzarella and cheddar cheese, baked to perfection.

Pad Thai \$16.61

A delicious Thai dish of stir fried chicken, roasted vegetables, and peanuts in a spicy sweet sauce and mixed with fettuccini noodles OR rice noodles. Available as medium or hot. Substitute Shrimp for \$3.99.

NEW Vegetable Tetrazzini \$12.48

Our rich homemade pasta sauce tossed with fettuccini noodles and garden fresh vegetables. Baked in our ovens with cheddar and mozzarella cheese.

Fettuccini Chicken Alfredo \$16.61

A classic Italian cream sauce consisting of freshly grated parmesan cheese, real whipping cream and fresh garlic, roasted chicken and fettuccini noodles.

Seafood Pasta \$21.74

A world famous tomato cream fettuccini pasta with fresh scallops, shrimp, and one pound of mussels. Lots of seafood for the seafood lover!!

NEW Cajun Salmon Alfredo \$23.48

Fresh Atlantic salmon blackened, and served in our rich alfredo sauce with fresh tomatoes and sun dried tomatoes. Mixed with fettuccine noodles. One of our new favourite items!

Vegetarian Options? Just follow the... 

URBAN CLASSICS

Each Entrée served with choice of side.

Chicken Stir Fry \$15.79

An assortment of stir fried garden vegetables on a bed of wild rice. Served with garlic bread and your choice of sauce served on side: honey garlic, pineapple curry, or Thai. Wild rice is choice of side. Vegetable Stir Fry \$14.55

Liver & Onions \$13.86

Two pieces of tender beef liver grilled with our house spices, and served with sautéed mushrooms & onions, garlic bread, coleslaw and choice of side.

Texas Ribs \$18.79

Meaty, slow roasted baby back pork ribs, grilled and basted in Ultimate BBQ sauce and served with garlic bread and coleslaw.

Wings, & Rings \$15.25

Our delicious deep fried wings and crispy golden onion rings! Served with coleslaw. Choose mild, medium, hot, honey garlic, ultimate BBQ, Thai, honey BBQ.



French Canadian Crepe \$18.89

Roasted chicken, fresh mushrooms, red onions and smoky bacon in a red wine garlic cream sauce stuffed in two French crepe shells and served with garlic bread.

Chicken & Mushroom Crepe \$17.35

Roasted chicken, fresh mushrooms, in our garlic cream sauce stuffed in two French crepe shells and served with garlic bread.

Buffalo Chicken Tenderloins \$13.74

Pieces of tender chicken tenderloins, breaded and deep fried to a golden brown. Tossed in mild, medium, hot, honey garlic, or ultimate BBQ and served with coleslaw.



Choice of side options

Home fries, baked potato, mashed potato, beef vegetable barley soup, wild rice, Mexican rice, Caesar salad, garden salad (salads extra 99¢) Extra Choice of side \$2.94.

Substitute sweet potato fries, cream of broccoli, greek salad, spinach salad for \$1.99 Substitute Onions Rings, French onion soup, roasted red pepper soup or make your fries a poutine for an extra \$2.99.

GLOBAL CUISINE

Mexican Quesadillas \$15.75

Our famous chicken & cheese quesadillas stuffed with peppers and baked to a golden brown. Served with salsa & sour cream and choice of side.

Ultimate Tacquitos \$14.31

Take our roasted chicken, sour cream, cheese, Mexican rice, and BBQ sauce and roll in our soft tortilla shells. Served with salsa, sour cream and choice of side.

Creamy Chicken CURRY \$15.31

Our new addition! Delicious morsels of chicken, and sautéed vegetables simmered in our sweet creamy curry sauce and served over basmati rice. Complimented with toasted pita shells.

NEW Moroccan Chicken \$16.85

Fresh Moroccan spices like cumin, cinnamon, turmeric, roasted onions, chick peas and roasted chicken served on a bed of basmati rice. High protein, high fibre dish with extreme taste. Served with pita shells.

Signature Spanish BURRITOS 🍅 \$15.89

Try our most popular dish! Grilled tomatoes, red onions, Mexican rice, and chicken with cheddar & mozzarella cheese, wrapped in a flour tortilla and baked in the oven with BBQ sauce and more cheese! Served with salsa, sour cream and choice of side.

Butter Chicken \$16.78

Roasted chicken in a mild curry butter cream sauce bursting with East Indian spices. Served with basmati Rice, pita shells and steamed garden vegetables.

East Indian Samosas 🍅 \$16.85

Our homemade mild curry samosas is a curry potato and vegetable mixture wrapped in phyllo pastry and baked to a golden brown. Served with a garden salad and a choice of side.



OCEANIC RIDGE

Served with choice of side, and coleslaw. Add a starter Caesar OR Garden for \$3.93

Fish & Chips \$13.87

Two pieces of fresh Atlantic deep fried cod in Around The Worlds special batter.

Fin & Feather \$15.69

Our delicious chicken wings served with one piece of fresh Atlantic cod and tartar sauce.

Newfoundland Cod Tongues \$16.73

A Newfoundland specialty! Pan fried to a golden brown and complemented with scrunchions & lemon slices.

Seafood Medley Crepe \$19.86

One of our favourite creations. Fresh Atlantic cod and garlic sautéed shrimp and scallops in a creamy garlic rose sauce. Served with garlic bread and choice of side.

Cod Cakes \$14.71

Traditional cod cakes, pan fried to a golden brown and served with cranberry chutney and coleslaw.

Pan Fried Atlantic Cod \$17.73

Two pieces of fresh Atlantic cod, pan fried to perfection and complemented with scrunchions, and lemon slices. Add deep fried coconut shrimp for \$3.00 or Add one pound of mussels for \$6.00.

Blackened Atlantic Salmon \$18.46

Atlantic salmon coated in our blackening herb spice.. Please allow extra time for this dish. Excellent with Mexican rice.

Choice of side options

Home fries, baked potato, mashed potato, beef vegetable barley soup, wild rice, Mexican rice, Caesar salad, garden salad (salads extra 99¢) Extra Choice of side \$2.94. Substitute sweet potato fries, cream of broccoli, Greek salad, spinach salad for \$1.99 Substitute Onions Rings, French onion soup, roasted red pepper soup or make your fries a poutine for an extra \$2.99.